



AloeRest™

AloeRest™ is designed to help you go to sleep faster, sleep more soundly and wake up refreshed! Packed with all-natural sleep enhancing ingredients, premium fruits and pure Aloe Vera. While you sleep, healthy natural ingredients help your body replenish, rebuild and revive!

Supplement Facts:

Calories.....	15
Carbohydrates.....	6g
Sugars.....	6g
Melatonin.....	5mg
Valerian.....	436mg
St. John's Wort.....	200mg
Magnolia Bark Extract.....	60mg
L-Tryptophan.....	50mg
Vitamin C.....	3mg
Sodium.....	10mg
Magnesium AAC.....	300mg
Humulus Lupulus.....	120mg
Theanine.....	25mg



Real Aloe Vera Juice

(Aloe barbadensis Miller – leaf inner gel) 100% hand filleted, grown on our own California organic farm.

Concentrated Juice Blend

White Grape, Plum, Cranberry, Concord Grape, Black Cherry

Other Ingredients: Natural Flavors, less than 0.5% of Citric Acid, Sodium Benzoate (Preservative), Potassium Sorbate (mold inhibitor).

*Not recommended for persons with thyroid or endocrine problems, and as with all nutritional supplements be sure to discuss use with your physician. Not recommended for on going daily use. Do NOT mix AloeRest and alcohol